

201 Bioeducational News

Happy New Year! We hope that everyone enjoyed the holidays and the new year finds you well! For 201, the new year came with a new student! The boys have showed him so much kindness already and have really welcomed him into the 201 family! We have also added a new bioeducational facilitator to our family, Ms. Dubois! We have been so excited to have her as part of our homeroom! In our homeroom this month, we have started a morning hygiene routine. Everyone has their own toothbrush and has the opportunity to brush their teeth each morning to earn tokens. Many of the boys have been taking advantage of this opportunity! The theme of the month was growth. In Group Therapy, 201 has been spending a lot of time focusing on ways that they have, and will continue to grow. In one activity, they made “Three Stars and a Wish.” They each identified 3 of their strengths then set a goal for themselves. They also explored ways they can grow through a game of charades. First, they acted out different feelings. Then they acted as something they want to be in the future. They each put a lot of thought into their future goals. In Math Tutorial this month, we have learned double digit addition with regrouping. We continued to utilize the homeroom Clear Touch to engage everyone in math based games. In a game of Math Jeopardy, the boys worked in teams on their addition and subtraction skills.

202 Bioeducational News

This month, we celebrated the start to a new year by focusing on the growth we have made since September, and thought about goals for the rest of the year. We learned about “Growth Mindset vs Fixed Mindset” which helps us to train our brain to think optimistically and to look at difficult times as an opportunity for growth rather than a bad thing. In Writer’s Workshop, we wrote about something that was hard for us before and easy for us now. Answers ranged from reading, sharing feelings, and self-regulation skills. It was a great opportunity to relate to one another and discuss ways we can help each other reach our goals.

203 Bioeducational News

We had another busy month as quarter two came to an end. We can't believe we are already halfway through the year! This school year seems to be flying by. Since it is midyear, some shifts to homerooms were made. We had the pleasure of welcoming two students to our 203 family. The students welcomed them with open arms, and have both strengthened old friendships and began to develop new ones. Although January brought us a lot of cold days, we also were given some nice sunny days where we were able to get outside. One of these days included our 200 Cluster activity where we got to spend time together. The students socialized appropriately together with their 203 classmates as well as their friends from other homerooms. It was great to see them with smiles on their faces and recognize the growth they have shown this year by being able to follow expectations and interact with their peers. We are all looking forward to having a terrific third quarter!

204 Bioeducational News

Happy New Year! It was so wonderful to see everyone back in school after Christmas vacation! The kids in 204 came back with smiles as they shared stories about their adventures over break. We also processed not only how they felt that vacation was over, but also how it felt to be back in school mode. We talk about change a lot at school because as hard as it is, it is an important part of life and we try to practice it whenever we can. We got the chance to do that this month when we said goodbye to four students as they transitioned to our middle school cluster and said hello to two new students that joined us from another room in the 200 cluster. There were a lot of feelings shared during morning meeting when we processed these changes. After some discussion, we agreed that even though we were sad to not see our friends every day, we were happy for these new experiences for them. And it is always fun to meet new friends so those new students coming to our 204 family will be welcomed additions. Right before vacation we got the exciting news that we had won the Holiday Stroll window decorating contest! We put our creative thinking caps on and made a window display with the theme "you're light makes the season bright". We got to celebrate our hard work as a team with a pizza party.

205 Bioeducational News

After time off from school for the holidays, we entered the new year refreshed and with excitement. We had discussions about the meaning of the term “growth,” which was the bioeducational theme of the month for January. In Writer’s Workshop, the students wrote about ways in which they felt they have experienced growth so far this year, as well as ways in which they could experience growth in the future. The students helped to decorate the bulletin board, and they created phrases related to growth to hang up on it. In Group Therapy, the students participated in an activity, where they again worked to identify examples of phrases related to growth. In our Art class, the students created a comic strip using growth as the central theme. In honor of celebrating Martin Luther King, Jr. day this month, the students learned about him in History. They watched his, “I Have a Dream” speech. This also led to learning about Rosa Parks, where they watched “The Rosa Parks Story: Arrested” and learned about how people were treated before and during the Civil Rights Movement. To end the month, we were able to take advantage of good weather and had a chance to go outside as a cluster for activities on the playground and the field. This was a good way for the students to have a chance to interact with one another and have fun.